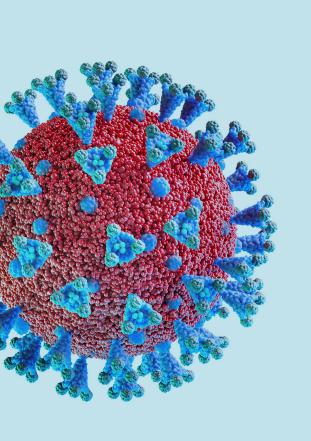
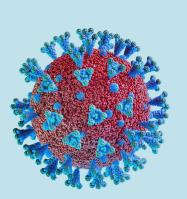
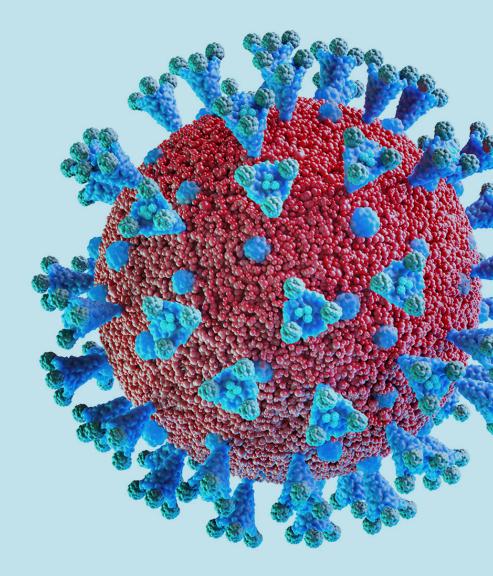
## PREVENT THE SPREAD OF COVID-19 IN 7 STEPS







## **#COVID19 #CORONAVIRUS**

Wash your hands frequently



**#COVID19 #CORONAVIRUS** 

Avoid touching your eyes, nose and mouth



**#COVID19 #CORONAVIRUS** 

Cover your cough using the bend of your elbow or a tissue



**#COVID19 #CORONAVIRUS** 

Avoid crowded places and close contact with anyone that has fever or cough



**#COVID19 #CORONAVIRUS** 

Stay at home if you feel unwell



**#COVID19 #CORONAVIRUS** 

If you have a fever, cough and difficulty breathing, seek medical care early — but call first



**#COVID19 #CORONAVIRUS** 

Get information from trusted sources

**#COVID19 #CORONAVIRUS**